

Ben Cruachan Walking Club - Walk Preview

Please register with Walk Leader before the day of the walk. See website: <http://bencruachanwalkingclub.com/>

Walk:	Dermody's Campground to The Channels		
Area:	Avon Mt Hedrick Scenic Reserve		
Day & Date:	Sunday 19 th September 2021	To be publicised in local papers?	Yes
Grade:	M-4-4	Style:	Day return
Walk Length:	12km	Walk Duration:	4-5hrs + lunch
Meeting Place:	Newry Pub	Meeting Time:	9am
Walk Summary:	<p><i>We will walk approx. 6km from Dermody's campground to The Channels, have lunch beside the Avon River, then return along the same path. You will be greeted with stunning views along the way and, if you haven't seen The Channels before, you're in for a treat.</i></p> <p><i>The track is in good condition, easy to follow, undulating with a couple of short 'loose under foot' sections. There are toilets at Dermody's where we begin. Our lunch spot is the perfect place to dip your feet in the cool clear waters of the Avon, if the day is warm enough, or just sit on the banks of the river and enjoy the view.</i></p> <p><i>"The Channels is the centrepiece of the reserve; a magnificent gorge created by the Avon River carving its way through silt and sandstone over millennia. The steep sides of the gorge are covered in native vegetation, with shady Casuarinas in abundance. Crags punctuate the riverbed, creating a system of pools and rapids that provide important habitat for aquatic life"</i></p> <p>*Getting to the start of the walk requires about 25 minutes of driving on unsealed tracks. Whilst not technically difficult it is more suited to 4WD and AWD vehicles so we will leave any small cars at Newry. If it's wet, we will have to postpone.</p>		
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photos on next page

