

# Ben Cruachan Walking Club - Walk Preview

Please register with Walk Leader before the day of the walk. See website: [Upcoming Walks - Ben Cruachan Walking Club](#)

<b>Walk:</b>	Cycling - Rail Trail Traralgon to Cowwarr			
<b>Area:</b>	Traralgon and surrounds			
<b>Date:</b>	25/5/19	<b>To be publicised in local papers?</b>		Yes
<b>Grade:</b>	L -1-1	<b>Style:</b>	Day Return - Cycling	
<b>Walk Length:</b>	35 kilometres	<b>Walk Duration:</b>	4 hours	
<b>Meeting Place:</b>	Traralgon McDonalds carpark	<b>Meeting Time:</b>	9.30 am	
<b>Walk Summary:</b>	The bike ride follows the Gippsland Plains Rail Trail from Traralgon to near Cowwarr. We will cross the Latrobe River flats over a series of bridges and ride on through open farmland to the Traralgon-Maffra Road returning the same route. Lunch and/or coffee at the Glengarry Bakery is an option on the return ride. A reasonable level of fitness is required.			
<b>Walk Leader:</b>	Jim Stranger	<b>Email:</b>	strangers1@westnet.com.au	<b>Phone:</b> 0400278939

